



EMDR ADVANCED TRAINING

Thinking AIP and Using EMDR

TRAINING ID: A-2505

START DATE:

MARCH 26, 2025

PLACE:

ONLINE



The Center for Excellence
in EMDR Therapy



Training Overview

This course is for EMDR therapists who want to strengthen their AIP case conceptualization skills by distinguishing between the client's symptoms and the root causes of their problem. In this 12 CE- hour course you will learn how to apply the clinical themes of Responsibility/Defectiveness, Safety/Vulnerability, and Power/Control while also exploring the client's sense of belonging, using an attachment lens to better understand the client's adaptations to their problem. This course is both didactic and interactive, with ample time devoted to reviewing and discussing cases in small groups using videotaped excerpts of actual clients. You will take your skills to the next level regardless of where you are in your journey with EMDR therapy.

Continuing Education Credits - **12**

Program Training Dates

MARCH

26
WEDNESDAY

—

28
FRIDAY

|

2025
YEAR

Case Consultation Dates Post-Training - Online 2025

N/A

Bonus Large Group Q & A Dates - Online 2025

April 25

FROM 3:00 pm
TO 4:30 pm ET



The Center for Excellence
in EMDR Therapy

EMDR | ADVANCED TRAINING



Deany Laliotis, Director and Founder of The Center



We deliver a high quality training experience through The Center ensuring that our trainees are successful at integrating EMDR therapy into their clinical practice. Our EMDR training isn't just about learning protocols and procedures; it's about helping our clients grow and change beyond symptom relief.



Trainers & Facilitators

Trainer:

Deany Laliotis, LICSW Lead Trainer

As the Founder and Director of The Center for Excellence in EMDR Therapy, it has always been my dream to take EMDR therapy to the next level by teaching it as a comprehensive, relational psychotherapy approach that helps our clients grow and change so they can lead fulfilling and productive lives. Relational EMDR TherapySM is weaved into the fabric of all of our courses, from the Basic to our Master classes. We are a community of lifelong learners who are committed to bringing our best selves to the work of healing the human spirit.



Training Coordinator:

Loralee Bowen

admin@emdrtherapy.com

Overview of Training Schedule

This training takes place from 11:00 am – 3:30 pm ET each day with two 15-minute breaks.



YEAR 2025

SCHEDULE BY DAY

**NOTE: ALL DATES AND TIMES
ARE LISTED IN EASTERN TIME ZONE**

DAY 1

DATES WEDNESDAY
MARCH 26

- 11:00 am – 12:30 pm **Presentation**
- 12:30 pm – 12:45 pm **Break**
- 12:45 pm – 2:30 pm **Presentation**
- 2:30 pm – 2:45 pm **Break**
- 2:45 pm – 3:30 pm **Presentation**

DAY 2

DATES THURSDAY
MARCH 27

- 11:00 am – 12:30 pm **Presentation**
- 12:30 pm – 12:45 pm **Break**
- 12:45 pm – 2:30 pm **Presentation**
- 2:30 pm – 2:45 pm **Break**
- 2:45 pm – 3:30 pm **Presentation**

DAY 2

DATES FRIDAY
MARCH 28

- 11:00 am – 12:30 pm **Presentation**
- 12:30 pm – 12:45 pm **Break**
- 12:45 pm – 2:30 pm **Presentation**
- 2:30 pm – 2:45 pm **Break**
- 2:45 pm – 3:30 pm **Presentation**



Preparing for Your Training Experience

This online training consists of lecture, discussion, and review of client video segments, giving you ample opportunity to ask questions in this live, online format. It is recommended that you prepare a private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

Overall Training Objectives

1. Develop a working understanding of the Adaptive Information Processing (AIP) model of EMDR therapy
2. Identify the three clinical themes of Responsibility, Safety and Choices to better understand the client's difficulties
3. Distinguish between the client's symptoms and their problem
4. Learn how to work with your client to develop a mutual understanding of the root causes of their difficulties
5. Explore how a client's sense of belonging may have been impacted by their formative attachment experiences
6. Identify one or more adaptations the client has developed in response to their problem attachment repair



7. Develop an AIP-informed treatment plan using the mutual understanding of the client's problem
8. Identify and apply specific EMDR treatment protocols based on client and clinical variables
9. Identify and strengthen adaptive responses to present-day life demands
10. Identify one or more ways to help the client understand their problem through an AIP lens

Eligibility

This training is for mental health professionals who have completed the EMDR Basic Training, are licensed for independent practice, or on a licensing track under supervision. It is recommended that you have at least six months of practice experience using EMDR with your clients in order to fully benefit from this course.





Application Process

All applications are submitted online via the website registration portal for review. There is a non-refundable, non-transferable fee of \$75 that is included in the price of tuition. See refund and cancellation policy below for more details.

Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance, less a \$75 administrative fee. If you cancel within 30 days of the training date, the balance less the administrative fee, will be applied as a credit towards a future training. A request for cancellation must be submitted in writing by email to admin@emdrtherapy.com. If you must withdraw once the training begins, there is no partial credit or refund. The Center reserves the right to cancel or reschedule the training at its discretion and will either credit one's tuition towards a future training or offer a full refund.

Health and Safety for Onsite Trainings

N/A



Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at admin@emdrtherapy.com at least 30 days prior to the training date to make advance arrangements. We cannot ensure accommodations without adequate prior notification.

For Group Rates and Financial Assistance

Daniel Merlis LICSW

Co-Director

dan@emdrtherapy.com



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One Place for Everything—
Training, Certification and Community
www.emdrtherapy.com