

The Dance of Attachment: An Introduction to Relational EMDR Therapy[™]

TRAINING ID: AN-102

START DATE: JULY 21, 2023

PLACE: ONLINE







Training Overview

This 12 CE-hour, EMDR Advanced training is designed to help you explore the healing potential of the therapeutic relationship when treating attachment trauma beyond establishing rapport with your clients. It's about the centrality of the therapeutic alliance that co-creates the conditions for change to occur. We'll take a deep dive into the three primary components of the therapeutic alliance—the goals for therapy, the tasks involved to achieve those goals and, of course, the attachment bond between therapist and client. This training also introduces the important concept of the Self of the therapist—who the therapist is as a person as well as a clinician. We will explore the pros and cons, the potential pitfalls of being relational as well as the power of being present for our clients, while enlisting them as a co-conspirator in their journey towards healing.

Program Training Dates



Case Consultation Dates Post-Training - Online **2023** N/A

Bonus Large Group Q & A Dates - Online 2023

August	25	FROM 3:00 pm
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Trainers & Facilitators

Trainer:

Deany Laliotis, LICSW Lead Trainer

Facilitators:

Training Coordinator:

Jeanette Faircloth admin@emdrtherapy.com 202-363-3637 X0



Overview of Training Schedule

This training takes place from **11:00 am – 3:30 pm ET** each day with two 15-minute breaks.





YEAR **2023**

SCHEDULE BY DAY

NOTE: ALL DATES AND TIMES ARE LISTED IN EASTERN TIME ZONE

N/A

DATES	FRIDAY SUNDAY
JULY	21 – 23

• 11:00 am - 3:30 pm

Preparing for Your Training Experience

This online training consists of lecture, discussion, and review of client video segments, giving you ample opportunity to ask questions in this live, online format. It is recommended that you prepare a private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

Overall Training Objectives

 To develop an appreciation of the relational dimension of working with attachment trauma.

 To identify at least two adaptations to trauma that correspond to each of the attachment styles for therapist and client alike.

3. To understand the adaptations to trauma through the clinical themes of responsibility, safety, and power.

4. To identify at least one pattern of response that informs how you work with clients.

5. To develop at least one alternative pattern of response that is more adaptive.

6. Apply at least two strategies to track the client's somatic experience while simultane-ously tracking your own.

7. Learn how to apply a parts perspective through an AIP lens to better understand







one's own reactions as well as the client's.

8. How to use a Developmental Repair Interweave to facilitate repairing a childhood attachment wound.

How to use Experiential and Relational
Interweaves to co-regulate arousal states and
facilitate dual awareness.

10. How to use Future Template to develop alternative relational patterns that are more adaptive to the client.

Eligibility

This training is for mental health professionals who have completed the EMDR Basic Training, are licensed for independent practice, or on a licensing track under supervision. It is recommended that you have at least six months of practice experience using EMDR with your clients in order to fully benefit from this course.

Application Process

All applications are submitted online via the website registration portal for review. You will receive an email once the status of your application is updated. See refund and cancellation policy below for more details.





Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance, less a \$75 administrative fee. If you cancel within 30 days of the training date, the balance less the administrative fee, will be applied as a credit towards a future training. A request for cancellation must be submitted in writing by email to admin@emdrtherapy.com. If you must withdraw once the training begins, there is no partial credit or refund. The Center reserves the right to cancel or reschedule the training at its discretion and will credit one's tuition towards a future date or offer a full refund.

Health and Safety for Onsite Trainings

N/A







Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at admin@emdrtherapy.com at least

30 days prior to the training date to make advance arrangements. We cannot ensure accommoda-

tions without adequate prior notification.

For Group Rates and Financial Assistance

Daniel Merlis LICSW

Co-Director

dan@emdrtherapy.com



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