



One Place for Everything —

Training, Certification
and Community



The Center for Excellence
in EMDR Therapy

Find All Your EMDR Training Here — from Basic to Masterclasses

Our EMDRIA



Approved

Basic Training

includes the Case Consultation hours you need to earn your Certificate of Completion. You choose what's next.

Dive into learn advanced case conceptualization and clinical decision-making with Refining the CRAFT of EMDR—a training that combines teaching with supervised practice and the support of a training cohort.



Choose from our 12-CE **Advanced and Specialty Trainings** to focus on a specific area:

- Healing attachment wounds
- Mastering moment-to-moment tracking of self and client in and out of processing
- Using EMDR with special populations—families and children; couples; survivors and first responders of recent traumatic events
- Using EMDR with addiction, depression, compulsion, dissociation and personality disorders



In-person EMDR Masterclasses and Training Retreats
expand your capacity as a healer.

Join a Case Consultation Group with one of The Center's EMDRIA Approved Consultants to reinforce what you learn in Center training.

Certification, Credentials and Recognition go hand in hand with training and case consultation. We make it easy to get all that you deserve.



- Meet EMDRIA's requirements for becoming an EMDR Therapist with CE's and case consultation hours from The Center.
- Get the experience and supervision you need to become an EMDRIA Approved Consultant through our Consultant in Training (CIT) program.
- Our Facilitator in Training (FIT) program is designed for aspiring facilitators and trainers.
- The Center's Master Certification in Relational EMDR TherapySM is the most advanced certification in the field. It's a self-paced flexible program designed to expand your knowledge of self, capacity as a healer, and skills as an EMDR therapist



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Join A Community
of Life-Long Learners

Up until now, there's been no single source coordinating EMDR training, case consultation, certification and community; no training discipline that combines personal growth with professional development, and no one place that integrates all the wisdom trauma treatment has to offer in a comprehensive EMDR psychotherapy. Until now.

The Center for Excellence in EMDR

Therapy is the place where EMDR therapists learn and flourish; connect and belong. Cohorts are encouraged. Communication among therapists is supported. Life-long learning is the norm and mentoring is a core value that informs everything we do.



The Center's Founder and Director, Deany Laliotis, is recognized as an EMDR Master Trainer around the world. For 28 years, she worked closely with Dr. Francine Shapiro, the originator of EMDR and was her Director Of Training for EMDR Institute for 12 years. Deany helped foster the evolution of EMDR from a technique for symptom relief to **The Center's**

**integrative healing approach—
Relational EMDR TherapySM.**



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Learn from a Diverse Faculty —

Skilled in Training
and Relational
EMDR TherapySM

When Deany Laliotis launched The Center, she invited some of the field's most skilled and experienced EMDR trainers to join her. She seeks out trainers of color, different cultures, gender and sexual orientation.

To help ensure EMDR Therapy is available to more people who need it, Deany and Senior Faculty members actively reach out and support agencies, organizations and therapists who work in diverse or underserved communities.





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Master a Transformative Approach to Healing Trauma—

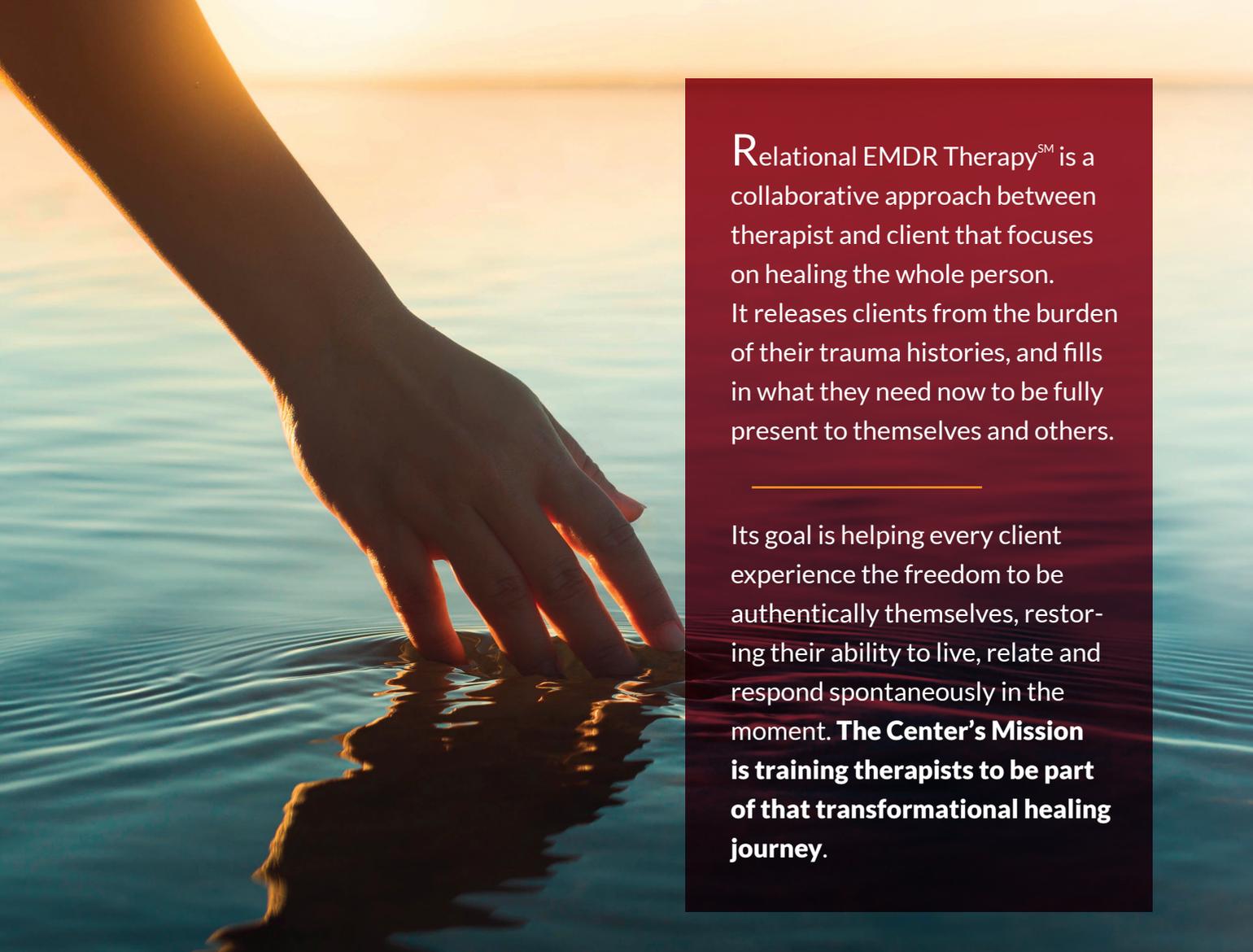
Relational EMDR TherapySM Training

Relational EMDR TherapySM (RET) is a comprehensive therapy that integrates everything we know about healing complex trauma—attachment theory, somatic processes, parts work and interpersonal neurobiology—all within a coherent EMDR framework. While it builds on the foundation of EMDR protocols and processes as developed by Francine Shapiro, RET is fine-tuned to go far beyond the symptom relief of standard EMDR.

Relational EMDR TherapySM addresses the reality most therapists see in their clinical work. Clients' low self-esteem, relationship and workplace difficulties, negative life patterns, addictions, shame, anxiety and depression—all that have roots in childhood neglect, abuse and attachment injuries.

Because childhood trauma is relational trauma, the connection between therapist and client can be a powerful healing force. That's why The Center's Advanced EMDR trainings and Masterclasses focus on strengthening therapists' self-awareness and capacities for healing as well as their clinical skills and learning.



A close-up photograph of a hand reaching into a body of water. The hand is positioned in the upper left quadrant, with fingers slightly spread. The water is calm, reflecting the hand and the warm, golden light of a sunset or sunrise. The background is a soft gradient of orange and yellow, transitioning into a blueish-green hue near the water's surface. The overall mood is serene and contemplative.

Relational EMDR TherapySM is a collaborative approach between therapist and client that focuses on healing the whole person. It releases clients from the burden of their trauma histories, and fills in what they need now to be fully present to themselves and others.

Its goal is helping every client experience the freedom to be authentically themselves, restoring their ability to live, relate and respond spontaneously in the moment. **The Center's Mission is training therapists to be part of that transformational healing journey.**



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