



The Craft of EMDR Therapy: Taking it to the Next Level

TRAINING ID: I-102

START DATE:

MAY 12, 2023

PLACE:

ONLINE



The Center for Excellence
in EMDR Therapy



Training Overview

This 30.5 CE-hour Intermediate training is for EMDR therapists who have completed their Basic course and are ready to build on their foundational knowledge as they step into learning more about the craft of this work with clients who have complex trauma. We take a deeper dive into how to promote our clients' growth and change beyond symptom relief, helping them learn how to thrive. We'll study two very different clients, in-depth, to better understand how our clinical choice points are informed by our clients' capacities and readiness, not solely on their history of trauma. In this two-part, practice-based training, you will hone your skills working with highly trained EMDR therapists that will help you learn the craft beyond the procedures into the moment to moment unfolding of experience.

Program Training Dates

MAY	12 FRIDAY	—	14 SUNDAY	2023 YEAR
JUNE	9 FRIDAY	—	11 SUNDAY	2023 YEAR

Case Consultation Dates Post-Training - Online 2023

July 12 | FROM 12:00 pm
TO 2:00 pm ET

Bonus Large Group Q & A - Online 2023

August 25 | FROM 1:00 pm
TO 2:30 pm ET



Trainers & Facilitators

Trainer:

Deany Laliotis, LICSW Lead Trainer

Facilitators:

TBA

Training Coordinator:

Jeanette Faircloth

admin@emdrtherapy.com

202-363-3637 X0



Overview of Training Schedule

Each morning segment of the training consists of large group didactic and video segments of actual sessions accompanied by ample time for Q & A. The afternoon segments are practice-oriented with groups of 9-10 to discuss cases in more detail. You will also break into smaller, supervised practice groups in dyads where each trainee rotates into the roles of therapist and client to practice and experience the process under the guidance of a skilled EMDR therapist and Facilitator.



YEAR **2023**

SCHEDULE BY DAY

**NOTE: ALL DATES AND TIMES
ARE LISTED IN EASTERN TIME ZONE**

PART 1

DAY 1

DATES

FRIDAY

MAY

12

- **10:30 am – 1:30 pm** Large Group
- **1:30 pm – 2:15 pm** LUNCH BREAK
- **2:15 pm – 5:30 pm** Practice Groups

PART 1

DAY 1

DAY 2

DATES

FRIDAY | SATURDAY

MAY

13 – 14

- **10:30 am – 1:30 pm** Large Group
- **1:30 pm – 2:15 pm** LUNCH BREAK
- **2:15 pm – 5:00 pm** Practice Groups

PART 2

DAY 1

DAY 2

DATES

FRIDAY | SATURDAY

JUNE

9 – 10

- **10:30 am – 1:30 pm** Large Group
- **1:30 pm – 2:15 pm** LUNCH BREAK
- **2:15 pm – 5:00 pm** Practice Groups

PART 2

DAY 3

DATES

SUNDAY

JUNE

11

- **10:30 am – 1:45 pm** Large Group
- **1:45 pm – 2:30 pm** LUNCH BREAK
- **2:30 pm – 5:00 pm** Practice Groups



Preparing for Your Training Experience

This online training consists of lecture, discussion, review of client video segments, and personal practice sessions in dyads in this live, online format. It is important that you prepare a quiet, private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

Overall Training Objectives

1. Distinguish between the client's symptoms versus their problems and develop an AIP-informed case conceptualization and treatment plan for more complex clinical cases.
2. Identify at least 3 specific skills to assess client readiness for memory reprocessing.
3. Identify at least 3 clinician skills needed for memory reprocessing.
4. Apply The Future Vision to operationalize the client's desired goals for treatment.
5. Establish a therapeutic alliance that includes identifying the goals of treatment, the tasks involved and the establishment of the bond between client and therapist.
6. Apply Adaptive Action tendencies as a road map to help clients develop and strengthen important life promoting skills



7. Identify at least two maladaptive patterns of response and develop at least two alternative patterns to address developmental deficits.
8. Use Clinical Interweave Categories (CIC) during reprocessing to facilitate the client's experience as well as optimize treatment effects.
9. Distinguish between core affects and defensive affects in and out of reprocessing.
10. Identify and target blocking belief systems, urges, symptoms.
11. Reevaluate goals for treatment over time as therapy evolves.

Eligibility

This training is for mental health professionals who have completed the EMDR Basic Training, are licensed for independent practice, or on a licensing track under supervision. It is recommended that you have at least six months of practice experience using EMDR with your clients in order to fully benefit from this course.





Application Process

All applications are submitted online via the website registration portal for review. You will receive an email once the status of your application is updated. See refund and cancellation policy below for more details.

Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance less a \$150 administrative fee. Withdrawals between 14 and 29 days from the start date of the training are refundable less a \$250 administrative fee. Withdrawals less than 14 days from the start date are not refundable. A credit will be applied towards the same Intermediate Training in the future at the Standard Rate less a \$250 administrative fee. All requests for cancellations must be submitted in writing by email to admin@emdrtherapy.com. If you have to withdraw during the training, we offer a one-time option of enrolling in the Intermediate Training again at the reduced rate of \$350 as space allows. The Center reserves the right to cancel or reschedule the training at its discretion and will credit one's tuition towards a future date or offer a full refund.





Health and Safety for Onsite Trainings

N/A

Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at admin@emdrtherapy.com at least 30 days prior to the training date to make advance arrangements. We cannot ensure accommodations without adequate prior notification.

For Group Rates and Financial Assistance

Daniel Merlis LICSW

Co-Director

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