



# The Craft of EMDR Therapy: Taking it to the Next Level

TRAINING ID: I-103

START DATE:

NOVEMBER 3, 2023

PLACE:

ONLINE



**The Center** for Excellence  
in EMDR Therapy



## Training Overview

This training is for EMDR therapists who have completed their Basic training and are ready to build on their foundational knowledge as they step into learning more about the craft of this work with clients who have complex trauma. In this practice-based training, you will hone your skills working with highly skilled EMDR therapists to help you through the process.

## Program Training Dates

NOVEMBER	3 FRIDAY	–	5 SUNDAY	2023 YEAR
DECEMBER	1 FRIDAY	–	3 SUNDAY	2023 YEAR

## Case Consultation Dates Post-Training - Online 2024

January 3 | FROM 12:00 pm  
TO 2:00 pm ET

## Bonus Large Group Q & A - Online 2024

January 26 | FROM 4:00 pm  
TO 5:30 pm ET



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## Trainer

Deany Laliotis, LICSW Lead Trainer



### Training Coordinator:

Loralee Bowen

[admin@emdrtherapy.com](mailto:admin@emdrtherapy.com)

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## Overview of Training Schedule

Each morning segment of the training consists of large group didactic and videotaped demonstrations of actual sessions accompanied by discussion. The afternoon segments are practice-oriented with groups of 9-10 to discuss case vignettes and participate in role-play exercises. You will also break into smaller, supervised practice groups of 3 where each trainee rotates into roles of therapist, client, and observer offering ample opportunity to observe, practice and experience the process personally as a client would..



# SCHEDULE BY DAY

**NOTE: ALL DATES AND TIMES  
ARE LISTED IN EASTERN TIME ZONE**

## PART 1

DAY 1

DATES

FRIDAY

**NOVEMBER**

**3**

- **10:30 am – 1:30 pm** Large Group
- **1:30 pm – 2:15 pm** LUNCH BREAK
- **2:15 pm – 3:30 pm** Large Group
- **3:45 pm – 5:30 pm** Small Groups

## PART 1

DAY 2

DAY 3

DATES

SATURDAY | SUNDAY

**NOVEMBER**

**4 – 5**

- **10:30 am – 1:30 pm** Large Group
- **1:30 pm – 2:15 pm** LUNCH BREAK
- **2:15 pm – 5:00 pm** Small Groups

## PART 2

DAY 1

DAY 2

DATES

FRIDAY | SATURDAY

**DECEMBER**

**1 – 2**

- **10:30 am – 1:30 pm** Large Group
- **1:30 pm – 2:15 pm** LUNCH BREAK
- **2:15 pm – 5:00 pm** Small Groups

## PART 2

DAY 3

DATES

SUNDAY

**DECEMBER**

**3**

- **10:30 am – 1:45 pm** Large Group
- **1:45 pm – 2:30 pm** LUNCH BREAK
- **2:30 pm – 5:00 pm** Small Groups





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## Preparing for Your Training Experience

This online training consists of lecture, discussion, review of client video segments, and personal practice sessions in dyads in this live, online format. It is important that you prepare a quiet, private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

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## Overall Training Objectives

1. Distinguish between the client's symptoms versus their problems and develop an AIP-informed case conceptualization and treatment plan for more complex clinical cases
2. Identify at least 3 specific skills to assess client readiness for memory processing
3. Identify at least 3 clinician skills needed for memory processing
4. Apply The Future Map to identify the client's desired goals for treatment
5. Establish a therapeutic alliance that includes identifying the goals of treatment, the tasks involved and the establishment of the bond between client and therapist
6. Track the client's somatic experience in and out of processing, using the resonance between your own sensory experience and the client's



7. Apply Adaptive Action tendencies as a road map to help clients develop and strengthen important life promoting skills
8. Identify at least two maladaptive patterns of response and develop at least two alternative patterns to address developmental deficits
9. Use Clinical Interweave Categories (CIC) during processing to facilitate the client's experience as well as optimize treatment effects
10. Distinguish between core affects and defensive affects in and out of processing
11. Identify and target belief systems, urges, symptoms
12. Reevaluate goals for treatment over time as therapy evolves

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## Eligibility

This training is for mental health professionals who are licensed for independent practice, or who are on a licensing track under the supervision of a licensed supervisor, and who have completed an EMDRIA-approved EMDR Basic Training program. Graduate students who have completed their core coursework and are in a practice setting are also eligible to participate. All non-licensed clinicians must submit a letter documenting by their status by their supervisor.





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## Application Process

All applications are submitted online via the website registration portal.

To register for a training, please select the **Sign-Up Here** button located on the selected training page. You will be directed to sign in to your account or create an account prior to completing the application. All applications will be reviewed within 5 business days and you will receive an email advising when your application is approved or if we need additional information.

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## Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance less a \$150 administrative fee. Withdrawals between 14 and 29 days from the start date of the training are refundable less a \$250 administrative fee. Withdrawals less than 14 days from the start date are not refundable. A credit will be applied towards the same Intermediate Training in the future at the Standard Rate less a \$250 administrative fee. All requests for cancellations must be submitted in writing by email to [admin@emdrtherapy.com](mailto:admin@emdrtherapy.com). If you have to withdraw during the training, we offer a one-time option of enrolling in the Intermediate Training again at the reduced rate of \$350 as space allows. The Center reserves the right to cancel or reschedule the training at its discretion and will either credit one's tuition towards a future training or offer a full refund.





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## Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at [admin@emdrtherapy.com](mailto:admin@emdrtherapy.com) at least 30 days prior to the training date to make advance arrangements. We cannot ensure accommodations without adequate prior notification.

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## For Group Rates and Financial Assistance

Daniel Merlis LICSW

Co-Director

[dan@emdrtherapy.com](mailto:dan@emdrtherapy.com)



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