



EMDR MASTERCLASS

Relational EMDR TherapySM Examining the Self of the Therapist

TRAINING ID: M-2502

START DATE:

DECEMBER 05, 2025

PLACE:

ONLINE



The Center for Excellence
in EMDR Therapy



Training Overview

This 18 CE-hour Masterclass is designed to give therapists who practice Relational EMDR TherapySM at the highest level a unique opportunity to go even further. We take a deep dive into the Self of the therapist, taking the hero's journey into the unknown, exploring both our gifts as well as our shadows. As part of this exploration, we will examine how the way we show up in relationship to our clients is only part of what makes healing possible. It's the thirdness, the synergy between therapist and client that creates the conditions for transformation to take place.

Program Training Dates

DECEMBER

05
FRIDAY

—

07
SUNDAY

2025
YEAR

Case Consultation Dates Post-Training - Online 2025

N/A

Bonus Large Group Q & A Dates - Online 2025

August 25

FROM 3:00 pm
TO 4:30 pm ET



The Center for Excellence
in EMDR Therapy

EMDR | MASTERCLASS



Deany Laliotis, Director and Founder of The Center



We deliver a high quality training experience through The Center ensuring that our trainees are successful at integrating EMDR therapy into their clinical practice. Our EMDR training isn't just about learning protocols and procedures; it's about helping our clients grow and change beyond symptom relief.



Trainer

Trainer:

Deany Laliotis, LICSW Lead Trainer

As the Founder and Director of The Center for Excellence in EMDR Therapy, it has always been my dream to take EMDR therapy to the next level by teaching it as a comprehensive, relational psychotherapy approach that helps our clients grow and change so they can lead fulfilling and productive lives. Relational EMDR TherapySM is weaved into the fabric of all of our courses, from the Basic to our Master classes. We are a community of lifelong learners who are committed to bringing our best selves to the work of healing the human spirit.



Training Coordinator:

Loralee Bowen

admin@emdrtherapy.com

Overview of Training Schedule

December 5, 2025: 11:00 am - 7:00 pm ET

December 6, 2025: 11:00 am - 6:15 pm ET

December 7, 2025: 11:00 am - 4:30 pm ET



YEAR 2025

SCHEDULE BY DAY

***NOTE: ALL DATES AND TIMES
ARE LISTED IN EASTERN TIME ZONE**

DAY 1

MONTH

FRIDAY

DECEMBER 5

- 11:00 am – 12:45 pm Presentation
- 12:45 pm – 1:00 pm BREAK
- 1:00 pm – 2:45 pm Presentation
- 2:45 pm – 3:30 pm LUNCH BREAK
- 3:30 pm – 4:30 pm Presentation
- 4:30 pm – 4:35 pm BREAK
- 4:35 pm – 5:00 pm Small Groups
- 5:00 pm – 5:05 pm BREAK
- 5:05 pm – 6:00 pm Practice
- 6:00 pm – 6:05 pm BREAK
- 6:05 pm – 7:00 pm Second practice rotation

DAY 2

MONTH

SATURDAY

DECEMBER 6

- 11:00 am – 12:45 pm Presentation
- 12:45 pm – 1:00 pm BREAK
- 1:00 pm – 2:45 pm Presentation
- 2:45 pm – 3:30 pm LUNCH BREAK
- 3:30 pm – 3:55 pm Small Groups
- 3:55 pm – 4:00 pm BREAK
- 4:00 pm – 4:55 pm First practice rotation
- 4:55 pm – 5:00 pm BREAK
- 5:00 pm – 5:55 pm Second practice rotation
- 5:55 pm – 6:00 pm BREAK
- 6:00 pm – 6:15 pm Debrief with Facilitator

DAY 3

MONTH

SUNDAY

DECEMBER 7

- 11:00 am – 12:45 pm Presentation
- 12:45 pm – 1:15 pm BREAK
- 1:15 pm – 1:30 pm Small Groups
- 1:30 pm – 1:35 pm BREAK
- 1:35 pm – 2:20 pm Final Practice – 1st rotation
- 2:20 pm – 2:25 pm BREAK
- 2:25 pm – 3:10 pm 2nd practice rotation
- 3:10 pm – 3:15 pm BREAK
- 3:15 pm – 3:50 pm Debrief with Facilitator
- 3:50 pm – 4:30 pm Return to large group for debrief



Preparing for Your Training Experience

This online training consists of lecture, discussion, and review of client video segments, giving you ample opportunity to ask questions in this live, online format. It is recommended that you prepare a private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

Overall Training Objectives

1. To develop an appreciation of the relational dimension of working with attachment trauma.
2. To identify at least two adaptations to trauma that correspond to each of the attachment styles for therapist and client alike.
3. To understand the adaptations to trauma through the clinical themes of responsibility, safety, and power.
4. To identify at least one pattern of response that informs how you work with clients.
5. To develop at least one alternative pattern of response that is more adaptive.
6. Apply at least two strategies to track the client's somatic experience while simultaneously tracking your own.



7. Learn how to apply a parts perspective through an AIP lens to better understand one's own reactions as well as the client's.
8. How to use a Developmental Repair Interweave to facilitate repairing a childhood attachment wound.
9. How to use Experiential and Relational Interweaves to co-regulate arousal states and facilitate dual awareness.
10. How to use Future Template to develop alternative relational patterns that are more adaptive to the client.

Eligibility

This training is for mental health professionals who have completed the EMDR Basic Training, are licensed for independent practice, or on a licensing track under supervision. It is recommended that you have at least six months of practice experience using EMDR with your clients in order to fully benefit from this course.





Application Process

All applications are submitted online via the website registration portal for review. There is a non-refundable, non-transferable fee of \$75 that is included in the price of tuition. See refund and cancellation policy below for more details.

Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance, less a \$75 administrative fee. Withdrawals between 14-29 days from the start date of the training are refundable less a \$150 administrative fee. Withdrawals less than 14 days from the start date are not refundable. The tuition, less a \$250 administrative fee, can be credited towards another Intermediate or Masterclass training in the future at the Standard Rate. All cancellations must be made in writing via email to admin@emdrtherapy.com. No refunds or credits will be issued once the training begins. In case of extenuating circumstances, we may offer a one-time option of enrolling in a future Intermediate or Masterclass training at a reduced rate of \$500 if space allows. Master retreats are exempt from this option due to limited availability. The Center reserves the right to cancel or reschedule the training at its discretion and will either credit one's tuition towards a future training or offer a full refund.

Health and Safety for Onsite Trainings

N/A



Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at admin@emdrtherapy.com at least 30 days prior to the training date to make advance arrangements. We cannot ensure accommodations without adequate prior notification.

For Group Rates and Financial Assistance

Daniel Merlis LICSW

Co-Director

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One Place for Everything—
Training, Certification and Community
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