



# Back to the Future: An Upscaled Refresher Course in EMDR Therapy

TRAINING ID: RN-2502

START DATE:

SEPTEMBER 12, 2025

PLACE:

ONLINE



**The Center** for Excellence  
in EMDR Therapy



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## Training Overview

This one-day refresher course is for clinicians who have already completed the Basic Training in EMDR Therapy and want to brush up on the essentials of the model. We will take a broader view of EMDR as a psychotherapy and how the standard protocol as well as other specialized protocols and techniques are part of the clinical repertoire of the EMDR therapist. We will review the AIP model and how that informs our case formulation and treatment planning, as well as go over the procedural steps so it's more second nature to you. How and when we modify the standard protocol as well as accentuating what is positive will be discussed as we take a bigger picture view of treating the whole person beyond the remission of their symptoms. There will be plenty of time for discussion and review of actual client sessions to deepen your appreciation of the transformative power of EMDR therapy to heal trauma.

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## Program Training Dates

SEPTEMBER

12  
FRIDAY

2025  
YEAR

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## Case Consultation Dates Post-Training - Online 2025

N/A

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## Bonus Large Group Q & A Dates - Online 2025

September 24, 2025

FROM 12:00 pm  
TO 1:30 pm ET





The Center for Excellence  
in EMDR Therapy

EMDR | BASIC TRAINING



Deany Laliotis, Director and Founder of The Center



*We deliver a high quality training experience through The Center ensuring that our trainees are successful at integrating EMDR therapy into their clinical practice. Our EMDR training isn't just about learning protocols and procedures; it's about helping our clients grow and change beyond symptom relief.*



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## Trainer

Mary French, BSN, MSW, LCSW-C

Mary French is an EMDRIA-approved Trainer and is also a Master Consultant in Relational EMDR Therapy<sup>SM</sup> through The Center. Mary is both a nurse and licensed clinical social worker with more than 30 years' experience, operating a private clinical and consultation practice in Maryland. Mary has trained extensively with Deany Laliotis for over 20 years and specializes in Relational EMDR Therapy<sup>SM</sup> as well as Sensorimotor Psychotherapy and Mindfulness-based Stress Reduction. Mary specializes in the treatment of chronic pain, where she co-developed Filling in the Gaps in Pain Care, mind-body program, and co-authored Making the Invisible Visible, a training manual for health care providers.



### Training Coordinator:

Loralee Bowen

[admin@emdrtherapy.com](mailto:admin@emdrtherapy.com)

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## Overview of Training Schedule

This training takes place from 10:00 am – 5:00 pm with two 15-minute breaks and a 30-minute lunch.



YEAR 2025

## SCHEDULE BY DAY

**NOTE: ALL DATES AND TIMES  
ARE LISTED IN EASTERN TIME ZONE**

DATES                      FRIDAY  
**SEPTEMBER      12**

- **10:00 am – 11:45 am** Training
- **11:45 am – 12:00 pm** Break
- **12:00 pm – 1:30 pm** Training
- **1:30 pm – 2:00 pm** LUNCH BREAK
- **2:00 pm – 3:45 pm** Training
- **3:45 pm – 4:00 pm** Break
- **4:00 pm – 5:00 pm** Training

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## Preparing for Your Training Experience

This online training consists of lecture, discussion, and review of client video segments, giving you ample opportunity to ask questions in this live, online format. It is recommended that you prepare a private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

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## Overall Training Objectives

1. Distinguish between a symptom-focused versus a problem-informed treatment plan.
2. Identify at least two strategies for developing resources
3. Identify at least one modification to the standard protocol in order to meet client needs.





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## Eligibility

This training is for mental health professionals who are licensed for independent practice, or who are on a licensing track under the supervision of a licensed supervisor, and who have completed an EMDRIA-approved EMDR Basic Training program. Graduate students who have completed their core coursework and are in a practice setting are also eligible to participate. All non-licensed clinicians must have a letter from their supervisor documenting their status.

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## Application Process

All applications are submitted online via the website registration portal.

To register for a training, please select the **Sign-Up Here** button located on the selected training page. You will be directed to sign in to your account or create an account prior to completing the application. All applications will be reviewed within 5 business days and you will receive an email advising when your application is approved or if we need additional information.

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## Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance, less a \$75 administrative fee. If you cancel within 30 days of the training date, the balance less the administrative fee, will be applied as a credit towards a future training. A request for cancellation must be submitted in writing by email to [admin@emdrtherapy.com](mailto:admin@emdrtherapy.com). If you must withdraw once the training begins,



there is no partial credit or refund. The Center reserves the right to cancel or reschedule the training at its discretion and will either credit one's tuition towards a future training or offer a full refund.

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## Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at [admin@emdrtherapy.com](mailto:admin@emdrtherapy.com) at least 30 days prior to the training date to make advance arrangements. We cannot ensure accommodations without adequate prior notification.





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## For Group Rates and Financial Assistance

Daniel Merlis LICSW

Co-Director

[dan@emdrtherapy.com](mailto:dan@emdrtherapy.com)



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