



R-TEP & G-TEP — Bringing Relief and Stability When Recent Trauma Hits

TRAINING ID: S-101

START DATE:

OCTOBER 06, 2023

PLACE:

ONLINE



The Center for Excellence
in EMDR Therapy



Training Overview

This advanced EMDR specialty training will prepare you to relieve acute distress, stabilize and strengthen your clients who are caught in the midst of a traumatic event or who have recently experienced shattering trauma. R-TEP for individuals and G-TEP for groups are specialized EMDR Early Intervention (EEI) protocols designed to stabilize clients in the face of traumatic stress and to process the trauma before it's encoded as a consolidated memory. Through lectures, videos and supervised practice in small groups, you'll learn to integrate these evidence-based protocols into your clinical practice and make a positive difference for people who've experienced recent trauma wherever it occurs.

Continuing Education Credits - **12.5**

Program Training Dates

OCTOBER

06
FRIDAY

22
SUNDAY

23
MONDAY

2023
YEAR

Bonus Q & A Session - Online 2023

November 13 - Monday | FROM 10:00 am
TO 12:00 pm ET

***NOTE: ALL DATES AND TIMES
ARE LISTED IN EASTERN TIME ZONE**



Trainers

Elan Shapiro, Ph.D.



Maria Masciandaro Psy.D.



Training Coordinator:

Loralee Bowen

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Overview of Training Schedule

This training takes place on

- October 6, 2023: 10:30 am - 6:00 pm ET
- October 22, 2023: 9:00 am - 1:30 pm ET
- October 23, 2023: 9:00 am - 1:30 pm ET



FALL - YEAR 2023

SCHEDULE BY DAY

DAY 1

RECENT TRAUMATIC EPISODE PROTOCOL

DATES FRIDAY
OCTOBER 06

- 10:30 am – 12:00 pm Large Group Lecture
- 12:00 pm – 12:10 pm Break
- 12:10 pm – 2:00 pm Large Group Lecture
- 2:00 pm – 3:00 pm LUNCH BREAK
- 3:00 pm – 3:10 pm Orientation to Practice
- 3:10pm – 3:50 pm Group Practice 1
- 3:50 pm – 4:00 pm Break
- 4:00pm – 4:40 pm Group Practice 2
- 4:40 pm – 4:50 pm Break
- 4:50pm – 5:30 pm Group Practice 3
- 5:30 pm – 6:00 pm Debrief and Closure

**NOTE: ALL DATES AND TIMES
ARE LISTED IN EASTERN TIME ZONE (ET)**

DAY 2

GROUP TRAUMATIC EPISODE PROTOCOL

DATES SUNDAY
OCTOBER 22

- 9:00 am – 10:15 am Large Group Lecture
- 10:15 am – 10:30 am Break
- 10:30 am – 12:00 pm Large Group Lecture
- 12:00 pm – 12:15 pm Break
- 12:15 pm – 1:30 pm Large Group Lecture

DAY 3

GROUP TRAUMATIC EPISODE PROTOCOL

DATES MONDAY
OCTOBER 23

- 9:00 am – 9:30 am Large Group Lecture
- 9:30 am – 10:45 am Small Group Practice
- 10:45 am – 11:00 am Break
- 11:00 am – 12:15 pm Small Group Practice
- 12:15 pm – 12:30 pm Break
- 12:30 pm – 1:30 pm Debrief and Closure



Preparing for Your Training Experience

This online training consists of lecture, discussion, and review of client video segments, giving you ample opportunity to ask questions in this live, online format. It is recommended that you prepare a private space from which to participate that is free from distractions for everyone's benefit, and that you have a good internet connection with a backup plan.

Early Interventions Restore Safety, Strengthen Resilience and Reduce the Likelihood of PTSD

With so many people in the world experiencing natural and human-made disasters; community devastation and interpersonal violence, there is a critical need for early EMDR intervention following traumatic incidents. In 2008, EMDR R-TEP (Recent Traumatic Events Protocol) was developed by Elan Shapiro and Brurit Laub to meet that need. This protocol is now used in disaster areas around the world, for ongoing traumatic stress and for recent traumatic events large and small.



R-TEP is Not Only for Headline-Level Disasters

It is a powerful addition to every EMDR therapists' repertoire. R-TEP is specifically designed to meet the unique needs arising from recent traumatic events—which differ from those for processing past traumas.

R-TEP expands your ability to respond to clients blindsided by a recent trauma or caught in an overwhelming event as it unfolds in real time. Using R-TEP, you can provide safety and containment to a client who may not be ready for memory processing. It lets you titrate the client's experience without the risk of further destabilization. You can help clients respond adaptively to their difficult situation, especially those that can be ongoing. And with R-TEP you have a clinical roadmap for helping them move through recent traumatic events based on their capacities and circumstances.

Group Protocols Extend the Power of R-TEP to Groups

G-TEP (Group Traumatic Episode Protocol) expands the reach of early EMDR intervention when resources following a traumatic event are limited. Adapted from R-TEP for use with groups, G-TEP makes it possible to treat large numbers of people simultaneously for acute traumatic experiences and ongoing traumatic stress. Conceptualized as guided self-help, G-TEP is designed so individuals in a group can work simultaneously on a shared or discrete trauma. Then they process the trauma as they experienced it and in their own terms.

G-TEP uses an art therapy format so clients represent their experience of the trauma episode visually with no verbal articulation of traumatic material. Thanks to simultaneous processing and visual-only representations of the trauma, G-TEP offers protection and benefits to everyone involved.



Eligibility

This training is for mental health professionals who have completed the EMDR Basic Training, are licensed for independent practice, or on a licensing track under supervision. It is recommended that you have at least six months of practice experience using EMDR with your clients in order to fully benefit from this course.

Application Process

All applications are submitted online via the website registration portal for review. There is a non-refundable, non-transferable fee of \$50 that is included in the price of tuition. See refund and cancellation policy below for more details.





Cancellation and Refund Policy

Tuition is refundable up to 30 days in advance, less the application fee. If you cancel within 30 days of the training date, the balance less the application fee, will be applied as a credit towards a future training. A request for cancellation must be submitted in writing by email to admin@emdrtherapy.com. If you must withdraw once the training begins, there is no partial credit or refund. No partial CE credit can be earned if you miss any portion of the training. The Center reserves the right to cancel or reschedule the training at its discretion and will credit one's tuition towards a future date or offer a full refund.

Special Needs and Accommodations

Individuals needing ADA accommodations should contact us at admin@emdrtherapy.com at least 30 days prior to the training date to make advance arrangements. We cannot ensure accommodations without adequate prior notification.

For Group Rates and Financial Assistance

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