

## Healing the Wounds of Attachment and Rebuilding Self

## **JANUARY/FEBRUARY 2025**

— All times listed in Eastern Time (ET) —

## TRAINING SCHEDULE

JANUARY 31 — FRIDAY

11:00 am —12:30 pm Presentation

12:30 pm —12:45 pm Break

12:45 pm —2:30 pm Presentation

2:30 pm — 2:45 pm Break

2:45 pm — 3:30 pm Presentation

FEBRUARY 1 — SATURDAY

11:00 am —12:30 pm Presentation

12:30 pm —12:45 pm Break

12:45 pm —2:30 pm Presentation

2:30 pm — 2:45 pm Break

2:45 pm — 3:30 pm Presentation

FEBRUARY 2 — SUNDAY

11:00 am —12:30 pm Presentation

12:30 pm —12:45 pm Break

12:45 pm —2:30 pm Presentation

2:30 pm — 2:45 pm Break

2:45 pm — 3:30 pm Presentation

## **BONUS Q&A SESSION**

FEBRUARY 21 — FRIDAY 12:00 pm — 1:30 pm