



## **The Center** for Excellence in EMDR Therapy

### **Healing the Wounds of Attachment and Rebuilding Self**

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**JANUARY 2026**

— All times listed in Eastern Time (ET) —

#### **TRAINING SCHEDULE**

##### **JANUARY 23 — FRIDAY**

11:00 am — 12:30 pm Presentation

12:30 pm — 12:45 pm Break

12:45 pm — 2:15 pm Presentation

2:15 pm — 2:30 pm Break

2:30 pm — 3:30 pm Presentation

##### **JANUARY 24 — SATURDAY**

11:00 am — 12:30 pm Presentation

12:30 pm — 12:45 pm Break

12:45 pm — 2:15 pm Presentation

2:15 pm — 2:30 pm Break

2:30 pm — 3:30 pm Presentation

##### **JANUARY 25 — SUNDAY**

11:00 am — 12:30 pm Presentation

12:30 pm — 12:45 pm Break

12:45 pm — 2:15 pm Presentation

2:15 pm — 2:30 pm Break

2:30 pm — 3:30 pm Presentation