



The Center for Excellence in EMDR Therapy

Healing the Wounds of Attachment and Rebuilding Self

JANUARY 2026

— All times listed in Eastern Time (ET) —

TRAINING SCHEDULE

JANUARY 23 — FRIDAY

11:00 am —12:30 pm Presentation
12:30 pm —12:45 pm Break
12:45 pm —2:15 pm Presentation
2:15 pm — 2:30 pm Break
2:30 pm — 3:30 pm Presentation

JANUARY 24 — SATURDAY

11:00 am —12:30 pm Presentation
12:30 pm —12:45 pm Break
12:45 pm —2:15 pm Presentation
2:15 pm — 2:30 pm Break
2:30 pm — 3:30 pm Presentation

JANUARY 25 — SUNDAY

11:00 am —12:30 pm Presentation
12:30 pm —12:45 pm Break
12:45 pm —2:15 pm Presentation
2:15 pm — 2:30 pm Break
2:30 pm — 3:30 pm Presentation

BONUS Q&A SESSION

MARCH 6 — FRIDAY

12:00 pm —1:30 pm