



The Center for Excellence in EMDR Therapy

EMDR Therapy Basic Training

Early Winter 2025 Schedule

— All times listed in Eastern Time (ET) —

PART ONE

JANUARY 10 — FRIDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

JANUARY 11 — SATURDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

JANUARY 12 — SUNDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 3:30 pm Small Groups

PART TWO

FEBRUARY 7 — FRIDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 8 — SATURDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 9 — SUNDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 2:30 pm Small Groups

PART THREE

MARCH 7 — FRIDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

MARCH 8 — SATURDAY

9:00 am — 11:00 am Large Group
11:00 am — 11:30 am Lunch Break
11:30 am — 2:30 pm Small Groups

BONUS Q&A SESSIONS

JANUARY 29 — WEDNESDAY

12:00 pm — 1:30 pm

FEBRUARY 19 — WEDNESDAY

12:00 pm — 1:30 pm

CASE CONSULTATION DATES

APRIL 2 — WEDNESDAY

12:00 pm — 2:00 pm

APRIL 30 — WEDNESDAY

12:00 pm — 2:00 pm

MAY 28 — WEDNESDAY

12:00 pm — 2:00 pm