



# The Center for Excellence in EMDR Therapy

## Basic EMDR Training

### Basic: Parts I & II - Early January – March

#### 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART I

JANUARY 9 — FRIDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

JANUARY 10 — SATURDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

JANUARY 11 — SUNDAY

11:00 am — 12:30 pm Large Group  
12:30 pm — 1:00 pm Lunch Break  
1:00 pm — 5:30 pm Small Groups

#### PART II-A

FEBRUARY 6 — FRIDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

FEBRUARY 7 — SATURDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

FEBRUARY 8 — SUNDAY

11:00 am — 12:30 pm Large Group  
12:30 pm — 1:00 pm Lunch Break  
1:00 pm — 4:30 pm Small Groups

#### PART II-B

MARCH 6 — FRIDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

MARCH 7 — SATURDAY

11:00 am — 1:00 pm Large Group  
1:00 pm — 1:30 pm Lunch Break  
1:30 pm — 4:30 pm Small Groups

#### CASE CONSULTATIONS

MARCH 25 — WEDNESDAY

12:00 pm — 2:00 pm

APRIL 22 — WEDNESDAY

12:00 pm — 2:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 2:00 pm

#### Bonus Q&A Sessions

January 21 — WEDNESDAY

12:00 pm — 1:00 pm

February 18 — WEDNESDAY

12:00 pm — 1:00 pm

March 18 — WEDNESDAY

12:00 pm — 1:00 pm

April 15 — WEDNESDAY

12:00 pm — 1:00 pm