



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II - Early January - April

2026 Schedule

— All times listed in Eastern Time (ET) —

PART 1

JANUARY 9 — FRIDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

JANUARY 10 — SATURDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

JANUARY 11 — SUNDAY

11:00 am — 12:30 pm Large Group

12:30 pm — 1:00 pm Lunch Break

1:00 pm — 5:30 pm Small Groups

PART 2A

MARCH 18 — WEDNESDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

MARCH 19 — THURSDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

MARCH 20 — FRIDAY

9:00 am — 10:30 am Large Group

10:30 am — 11:00 am Lunch Break

11:00 am — 2:30 pm Small Groups

PART 2B

APRIL 16 — THURSDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

APRIL 17 — FRIDAY

9:00 am — 11:00 am Large Group

11:00 am — 11:30 am Lunch Break

11:30 am — 2:30 pm Small Groups

CASE CONSULTATIONS

MAY 6 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 3 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 24 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q&A SESSIONS

JANUARY 21 — WEDNESDAY

12:00 pm — 1:00 pm

FEBRUARY 18 — WEDNESDAY

12:00 pm — 1:00 pm

APRIL 15 — WEDNESDAY

12:00 pm — 1:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm