



# The Center for Excellence in EMDR Therapy

## EMDR Therapy Basic Training

### Winter II 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART 1

JANUARY 9 — FRIDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

JANUARY 10 — SATURDAY

11:00 am — 3:00 pm Large Group  
3:00 pm — 4:00 pm Lunch Break  
4:00 pm — 8:00 pm Small Groups

JANUARY 11 — SUNDAY

11:00 am — 12:30 pm Large Group  
12:30 pm — 1:00 pm Lunch Break  
1:00 pm — 5:30 pm Small Groups

#### PART 2A

MARCH 18 — WEDNESDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

MARCH 19 — THURSDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

MARCH 20 — FRIDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 2:30 pm Small Groups

#### PART 2B

APRIL 16 — THURSDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

APRIL 17 — FRIDAY

9:00 am — 11:00 am Large Group  
11:00 am — 11:30 am Lunch Break  
11:30 am — 2:30 pm Small Groups

#### CASE CONSULTATION DATES

MAY 6 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 3 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 24 — WEDNESDAY

12:00 pm — 2:00 pm