



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Part I - Early January

2026 Schedule

— All times listed in Eastern Time (ET) —

PART 1

JANUARY 9 — FRIDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

JANUARY 10 — SATURDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

JANUARY 11 — SUNDAY

11:00 am — 12:30 pm Large Group

12:30 pm — 1:00 pm Lunch Break

1:00 pm — 5:30 pm Small Groups