



# The Center for Excellence in EMDR Therapy

## Basic EMDR Training

### Basic: Parts I & II - Late January - April

#### 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART 1

JANUARY 23 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

JANUARY 24 — SATURDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

JANUARY 25 — SUNDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 3:30 pm Small Groups

#### PART 2A

MARCH 18 — WEDNESDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

MARCH 19 — THURSDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

MARCH 20 — FRIDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 2:30 pm Small Groups

#### PART II-B

APRIL 16 — THURSDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

APRIL 17 — FRIDAY

9:00 am — 11:00 am Large Group  
11:00 am — 11:30 am Lunch Break  
11:30 am — 2:30 pm Small Groups

#### CASE CONSULTATIONS

MAY 6 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 3 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 24 — WEDNESDAY

12:00 pm — 2:00 pm

#### BONUS Q & A SESSIONS

FEBRUARY 18 — WEDNESDAY

12:00 pm — 1:00 pm

APRIL 15 — WEDNESDAY

12:00 pm — 1:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm