



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II - Late January - June

2026 Schedule

— All times listed in Eastern Time (ET) —

PART 1

JANUARY 23 — FRIDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

JANUARY 24 — SATURDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

JANUARY 25 — SUNDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 3:30 pm Small Groups

PART 2A

MAY 1 — FRIDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

MAY 2 — SATURDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

MAY 3 — SUNDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 2:30 pm Small Groups

PART 2B

JUNE 5 — FRIDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

JUNE 6 — SATURDAY

9:00 am — 11:00 am Large Group
11:00 am — 11:30 am Lunch Break
11:30 am — 2:30 pm Small Groups

CASE CONSULTATIONS

JULY 8 — WEDNESDAY

12:00 pm — 2:00 pm

AUGUST 5 — WEDNESDAY

12:00 pm — 2:00 pm

SEPTEMBER 2 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q & A SESSIONS

FEBRUARY 18 — WEDNESDAY

12:00 pm — 1:00 pm

MARCH 18 — WEDNESDAY

12:00 pm — 1:00 pm

APRIL 15 — WEDNESDAY

12:00 pm — 1:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm

JULY 15 — WEDNESDAY

12:00 pm — 1:00 pm

AUGUST 19 — WEDNESDAY

12:00 pm — 1:00 pm