



The Center for Excellence in EMDR Therapy

EMDR Therapy Basic Training – Part 1

Late January 2026 Schedule

— All times listed in Eastern Time (ET) —

PART 1

JANUARY 23 — FRIDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

JANUARY 24 — SATURDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

JANUARY 25 — SUNDAY

9:00 am — 10:30 am Large Group

10:30 am — 11:00 am Lunch Break

11:00 am — 3:30 pm Small Groups