



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II – February - April

2026 Schedule

— All times listed in Eastern Time (ET) —

PART I

FEBRUARY 25 — WEDNESDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 26 — THURSDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 27 — FRIDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 3:30 pm Small Groups

PART II-A

MARCH 18 — WEDNESDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

MARCH 19 — THURSDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

MARCH 20 — FRIDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 2:30 pm Small Groups

PART II-B

APRIL 16 — THURSDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

APRIL 17 — FRIDAY

9:00 am — 11:00 am Large Group
11:00 am — 11:30 am Lunch Break
11:30 am — 2:30 pm Small Groups

CASE CONSULTATIONS

MAY 6 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 3 — WEDNESDAY

12:00 pm — 2:00 pm

JUNE 24 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q&A SESSIONS

APRIL 15 — WEDNESDAY

12:00 pm — 1:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm