



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II - February - July

2026 Schedule

— All times listed in Eastern Time (ET) —

PART I

FEBRUARY 25 — WEDNESDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 26 — THURSDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 27 — FRIDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 3:30 pm Small Groups

PART II-A

JUNE 26 — FRIDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

JUNE 27 — SATURDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

JUNE 28 — SUNDAY

11:00 am — 12:30 pm Large Group
12:30 pm — 1:00 pm Lunch Break
1:00 pm — 4:30 pm Small Groups

PART II-B

JULY 24 — FRIDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

JULY 25 — SATURDAY

11:00 am — 1:00 pm Large Group
1:00 pm — 1:30 pm Lunch Break
1:30 pm — 4:30 pm Small Groups

CASE CONSULTATIONS

AUGUST 19 — WEDNESDAY

12:00 pm — 2:00 pm

SEPTEMBER 9 — WEDNESDAY

12:00 pm — 2:00 pm

OCTOBER 7 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q & A SESSIONS

MARCH 18 — WEDNESDAY

12:00 pm — 1:00 pm

APRIL 15 — WEDNESDAY

12:00 pm — 1:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm

JULY 15 — WEDNESDAY

12:00 pm — 1:00 pm

AUGUST 19 — WEDNESDAY

12:00 pm — 1:00 pm

SEPTEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm