



# **The Center for Excellence in EMDR Therapy**

## **EMDR Therapy Basic Training – Part 1**

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### **February 2026 Schedule**

— All times listed in Eastern Time (ET) —

#### **PART 1**

##### **FEBRUARY 25 — WEDNESDAY**

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

##### **FEBRUARY 26 — THURSDAY**

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

##### **FEBRUARY 27 — FRIDAY**

9:00 am — 10:30 am Large Group

10:30 am — 11:00 am Lunch Break

11:00 am — 3:30 pm Small Groups