



# **The Center** for Excellence in EMDR Therapy

## **Basic EMDR Training**

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### **Basic: Part I - February**

#### **2026 Schedule**

— All times listed in Eastern Time (ET) —

#### **PART 1**

##### **FEBRUARY 25 — WEDNESDAY**

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

##### **FEBRUARY 26 — THURSDAY**

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

##### **FEBRUARY 27 — FRIDAY**

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 3:30 pm Small Groups