



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Part I - February

2026 Schedule

— All times listed in Eastern Time (ET) —

PART I

FEBRUARY 25 — WEDNESDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 26 — THURSDAY

9:00 am — 1:00 pm Large Group
1:00 pm — 2:00 pm Lunch Break
2:00 pm — 6:00 pm Small Groups

FEBRUARY 27 — FRIDAY

9:00 am — 10:30 am Large Group
10:30 am — 11:00 am Lunch Break
11:00 am — 3:30 pm Small Groups

BONUS Q & A SESSIONS

March 18 — WEDNESDAY

12:00 pm — 1:00 pm

APRIL 15 — WEDNESDAY

12:00 pm — 1:00 pm

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm