



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II – March - September

2026 Schedule

— All times listed in Eastern Time (ET) —

PART I

APRIL 24 — FRIDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

APRIL 25 — SATURDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

APRIL 26 — SUNDAY

11:00 am — 12:30 pm Large Group

12:30 pm — 1:00 pm Lunch Break

1:00 pm — 5:30 pm Small Groups

PART II-A

AUGUST 28 — FRIDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

AUGUST 29 — SATURDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

AUGUST 30 — SUNDAY

9:00 am — 10:30 am Large Group

10:30 am — 11:00 am Lunch Break

11:00 am — 2:30 pm Small Groups

PART II-B

SEPTEMBER 25 — FRIDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

SEPTEMBER 26 — SATURDAY

9:00 am — 11:00 am Large Group

11:00 am — 11:30 am Lunch Break

11:30 am — 2:30 pm Small Groups

CASE CONSULTATIONS

OCTOBER 21 — WEDNESDAY

12:00 pm — 2:00 pm

NOVEMBER 18 — WEDNESDAY

12:00 pm — 2:00 pm

DECEMBER 16 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q & A SESSIONS

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm

JULY 15 — WEDNESDAY

12:00 pm — 1:00 pm

AUGUST 19 — WEDNESDAY

12:00 pm — 1:00 pm

SEPTEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm