



# The Center for Excellence in EMDR Therapy

## Basic EMDR Training

### Basic: Parts I & II – April - November

#### 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART I

APRIL 24 — FRIDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

APRIL 25 — SATURDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

APRIL 26 — SUNDAY

11:00 am — 12:30 pm Large Group

12:30 pm — 1:00 pm Lunch Break

1:00 pm — 5:30 pm Small Groups

#### PART II-A

OCTOBER 14 — WEDNESDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

OCTOBER 15 — THURSDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

OCTOBER 16 — FRIDAY

11:00 am — 12:30 pm Large Group

12:30 pm — 1:00 pm Lunch Break

1:00 pm — 4:30 pm Small Groups

#### PART II-B

NOVEMBER 19 — THURSDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

NOVEMBER 20 — FRIDAY

11:00 am — 1:00 pm Large Group

1:00 pm — 1:30 pm Lunch Break

1:30 pm — 4:30 pm Small Groups

#### CASE CONSULTATIONS

DECEMBER 9 — WEDNESDAY

12:00 pm — 2:00 pm

JANUARY 13 — WEDNESDAY

12:00 pm — 2:00 pm

FEBRUARY 10 — WEDNESDAY

12:00 pm — 2:00 pm

## **BONUS Q & A SESSIONS**

MAY 20 — WEDNESDAY

12:00 pm — 1:00 pm

JUNE 17 — WEDNESDAY

12:00 pm — 1:00 pm

JULY 15 — WEDNESDAY

12:00 pm — 1:00 pm

AUGUST 19 — WEDNESDAY

12:00 pm — 1:00 pm

SEPTEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm

OCTOBER 21 — WEDNESDAY

12:00 pm — 1:00 pm

NOVEMBER 18 — WEDNESDAY

12:00 pm — 1:00 pm