



# The Center for Excellence in EMDR Therapy

## Basic EMDR Training

### Basic: Parts I & II – July - September

#### 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART I

JULY 31 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

AUGUST 1 — SATURDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

AUGUST 2 — SUNDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 3:30 pm Small Groups

#### PART II-A

AUGUST 28 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

AUGUST 29 — SATURDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

AUGUST 30 — SUNDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 2:30 pm Small Groups

#### PART II-B

SEPTEMBER 25 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

SEPTEMBER 26 — SATURDAY

9:00 am — 11:00 am Large Group  
11:00 am — 11:30 am Lunch Break  
11:30 am — 2:30 pm Small Groups

#### CASE CONSULTATIONS

OCTOBER 21 — WEDNESDAY

12:00 pm — 2:00 pm

NOVEMBER 18 — WEDNESDAY

12:00 pm — 2:00 pm

DECEMBER 16 — WEDNESDAY

12:00 pm — 2:00 pm

#### BONUS Q & A SESSIONS

AUGUST 19 — WEDNESDAY

12:00 pm — 1:00 pm

SEPTEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm