



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II – September - November

2026 Schedule

— All times listed in Eastern Time (ET) —

PART I

SEPTEMBER 16 — WEDNESDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

SEPTEMBER 17 — THURSDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

SEPTEMBER 18 — FRIDAY

11:00 am — 12:30 pm Large Group
12:30 pm — 1:00 pm Lunch Break
1:00 pm — 5:30 pm Small Groups

PART II-A

OCTOBER 14 — WEDNESDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

OCTOBER 15 — THURSDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

OCTOBER 16 — FRIDAY

11:00 am — 12:30 pm Large Group
12:30 pm — 1:00 pm Lunch Break
1:00 pm — 4:30 pm Small Groups

PART II-B

NOVEMBER 19 — THURSDAY

11:00 am — 3:00 pm Large Group
3:00 pm — 4:00 pm Lunch Break
4:00 pm — 8:00 pm Small Groups

NOVEMBER 20 — FRIDAY

11:00 am — 1:00 pm Large Group
1:00 pm — 1:30 pm Lunch Break
1:30 pm — 4:30 pm Small Groups

CASE CONSULTATIONS

DECEMBER 9 — WEDNESDAY

12:00 pm — 2:00 pm

JANUARY 13 — WEDNESDAY

12:00 pm — 2:00 pm

FEBRUARY 10 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q & A SESSIONS

OCTOBER 21 — WEDNESDAY

12:00 pm — 1:00 pm

NOVEMBER 18 — WEDNESDAY

12:00 pm — 1:00 pm

DECEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm