



The Center for Excellence in EMDR Therapy

Basic EMDR Training

Basic: Parts I & II – September - December

2026 Schedule

— All times listed in Eastern Time (ET) —

PART I

SEPTEMBER 16 — WEDNESDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

SEPTEMBER 17 — THURSDAY

11:00 am — 3:00 pm Large Group

3:00 pm — 4:00 pm Lunch Break

4:00 pm — 8:00 pm Small Groups

SEPTEMBER 18 — FRIDAY

11:00 am — 12:30 pm Large Group

12:30 pm — 1:00 pm Lunch Break

1:00 pm — 5:30 pm Small Groups

PART II-A

NOVEMBER 13 — FRIDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

NOVEMBER 14 — SATURDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

NOVEMBER 15 — SUNDAY

9:00 am — 10:30 am Large Group

10:30 am — 11:00 am Lunch Break

11:00 am — 2:30 pm Small Groups

PART II-B

DECEMBER 11 — FRIDAY

9:00 am — 1:00 pm Large Group

1:00 pm — 2:00 pm Lunch Break

2:00 pm — 6:00 pm Small Groups

DECEMBER 12 — SATURDAY

9:00 am — 11:00 am Large Group

11:00 am — 11:30 am Lunch Break

11:30 am — 2:30 pm Small Groups

CASE CONSULTATIONS

JANUARY 6 — WEDNESDAY

12:00 pm — 2:00 pm

FEBRUARY 3 — WEDNESDAY

12:00 pm — 2:00 pm

MARCH 3 — WEDNESDAY

12:00 pm — 2:00 pm

BONUS Q & A SESSIONS

OCTOBER 21 — WEDNESDAY

12:00 pm — 1:00 pm

NOVEMBER 18 — WEDNESDAY

12:00 pm — 1:00 pm