



# The Center for Excellence in EMDR Therapy

## Basic EMDR Training

### Basic: Parts I & II – October - December

#### 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART I

OCTOBER 9 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

OCTOBER 10 — SATURDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

OCTOBER 11 — SUNDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 3:30 pm Small Groups

#### PART II-A

NOVEMBER 13 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

NOVEMBER 14 — SATURDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

NOVEMBER 15 — SUNDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 2:30 pm Small Groups

#### PART II-B

DECEMBER 11 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

DECEMBER 12 — SATURDAY

9:00 am — 11:00 am Large Group  
11:00 am — 11:30 am Lunch Break  
11:30 am — 2:30 pm Small Groups

#### CASE CONSULTATIONS

JANUARY 6 — WEDNESDAY

12:00 pm — 2:00 pm

FEBRUARY 3 — WEDNESDAY

12:00 pm — 2:00 pm

MARCH 3 — WEDNESDAY

12:00 pm — 2:00 pm

#### BONUS Q & A SESSIONS

OCTOBER 21 — WEDNESDAY

12:00 pm — 1:00 pm

NOVEMBER 18 — WEDNESDAY

12:00 pm — 1:00 pm

DECEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm