



# The Center for Excellence in EMDR Therapy

## Basic EMDR Training

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### Basic: Part I - October

#### 2026 Schedule

— All times listed in Eastern Time (ET) —

#### PART I

##### OCTOBER 9 — FRIDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

##### OCTOBER 10 — SATURDAY

9:00 am — 1:00 pm Large Group  
1:00 pm — 2:00 pm Lunch Break  
2:00 pm — 6:00 pm Small Groups

##### OCTOBER 11 — SUNDAY

9:00 am — 10:30 am Large Group  
10:30 am — 11:00 am Lunch Break  
11:00 am — 3:30 pm Small Groups

#### BONUS Q & A SESSIONS

##### OCTOBER 21 — WEDNESDAY

12:00 pm — 1:00 pm

##### NOVEMBER 18 — WEDNESDAY

12:00 pm — 1:00 pm

##### DECEMBER 16 — WEDNESDAY

12:00 pm — 1:00 pm