



The Center for Excellence in EMDR Therapy

Schedule by Day EMDR Therapy Basic Training (EASTERN TIME ZONE)

PART 1: Day 1

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 1: Day 2

9:30 am – 1:30 pm

Large Group Lecture, Discussion

1:30 pm – 2:30 pm

LUNCH BREAK

2:30 pm – 6:30 pm

Small Group Supervised Practice

PART 1: Day 3

9:30 am – 11:00 am

Large Group Lecture, Discussion

11:00 am – 11:45 am

LUNCH BREAK

11:45 am – 4:15 pm

Small Group Supervised Practice

PART 2: Day 1

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 2: Day 2

9:30 am – 1:30 pm

Large Group Lecture, Small Group Discussion

1:30 pm – 2:30 pm

LUNCH BREAK

2:30 pm – 6:30 pm

Small Group Supervised Practice

PART 2: Day 3

9:30 am – 11:00 am

Large Group Lecture, Discussion

11:00 am – 11:45 am

LUNCH BREAK

11:45 am – 3:15 pm

Small Group Supervised Practice, Large Group

PART 3: Day 1

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 3: Day 2

9:30 am – 11:00 am

Large Group Lecture, Discussion

11:00 am – 11:45 am

LUNCH BREAK

11:45 am – 3:15 pm

Small Group Supervised Practice, Large Group Debrief

Post-training Case Consultation – Online via Zoom

Wednesdays; Three sessions over three months; Two hours each
Specific dates will be made available after you register for the course.

Wednesday, one-month post-training.

Wednesday, two-months post-training.

Wednesday, three-months post-training.