



The Center for Excellence in EMDR Therapy

Schedule by Day EMDR Therapy Basic Training (EASTERN TIME ZONE)

PART 1: Day 1

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 1: Day 2

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 1: Day 3

10:30 am – 12:00 pm

Large Group Lecture, Discussion

12:00 pm – 12:30 pm

LUNCH BREAK

12:30 pm – 5:00 pm

Small Group Supervised Practice

PART 2: Day 1

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 2: Day 2

10:30 am – 2:30 pm

Large Group Lecture, Small Group Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 2: Day 3

10:30 am – 12:00 pm

Large Group Lecture, Discussion

12:00 pm – 12:30 pm

LUNCH BREAK

12:30 pm – 4:00 pm

Small Group Supervised Practice

PART 3: Day 1

10:30 am – 2:30 pm

Large Group Lecture, Discussion

2:30 pm – 3:30 pm

LUNCH BREAK

3:30 pm – 7:30 pm

Small Group Supervised Practice

PART 3: Day 2

10:30 am – 12:00 pm

Large Group Lecture, Discussion

12:00 pm – 12:30 pm

LUNCH BREAK

12:30 pm – 4:00 pm

Small Group Supervised Practice, Large Group Debrief

Post-training Case Consultation – Online via Zoom

Wednesdays; Three sessions over three months; Two hours each
Specific dates will be made available after you register for the course.

Wednesday, one-month post-training.

Wednesday, two-months post-training.

Wednesday, three-months post-training.