

Schedule by Day

EMDR Basic Training

Note: All Times are listed in Eastern Time Zone

***Bold indicates small group practice sessions with Facilitator**

PART 1: Day 1 & Day 2

8:30 am – 12:30 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
12:30 pm – 1:30 pm	LUNCH BREAK
1:30 pm – 5:30 pm	Small Group Supervised Practice

PART 1: Day 3

8:30 am – 10:00 am	Large Group Lecture, Discussion, Video Illustration and Q & A
10:00 am – 10:30 am	LUNCH BREAK
10:30 am – 3:30 pm	Small Group Supervised Practice

PART 2: Day 1 & Day 2

8:30 am – 12:30 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
12:30 pm – 1:30 pm	LUNCH BREAK
1:30 pm – 5:30 pm	Small Group Supervised Practice

PART 2: Day 3

8:30 am – 10:00 am	Large Group Lecture, Discussion, Video Illustration and Q & A
10:00 am – 10:30 am	LUNCH BREAK
10:30 am – 1:10 pm	Small Group Supervised Practice
1:10 pm – 2:00 pm	Large Group Lecture, Video Illustration and Q & A

Part 3: Day 1

8:30 am – 12:30 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
12:30 pm – 1:30 pm	LUNCH BREAK
1:30 pm – 5:30 pm	Small Group Supervised Practice

Part 3: Day 2

8:30 am – 10:00 am	Large Group Lecture, Discussion, Video Illustration and Q & A
10:00 am – 10:30 am	LUNCH BREAK
10:30 am – 1:40 pm	Small Group Supervised Practice
1:40 pm – 2:00 pm	Large Group Wrap-up

Case Consultation

Wednesdays; Three sessions over three months; Two hours each

Specific dates will be posted on your online learning platform after you register for the course.

Wednesday, one-month post-training.

Wednesday, two-months post-training.

Wednesday, three-months post-training.