

Schedule by Day

EMDR Basic Training

Note: All Times are listed in Eastern Time Zone

***Bold indicates small group practice sessions with Facilitator**

PART 1: Day 1 & Day 2

10:30 am – 2:30 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
2:30 pm – 3:30 pm	LUNCH BREAK
3:30 pm – 7:30 pm	Small Group Supervised Practice

PART 1: Day 3

10:30 am – 12:00 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
12:00 pm – 12:30 pm	LUNCH BREAK
12:30 pm – 5:30 pm	Small Group Supervised Practice

PART 2: Day 1 & Day 2

10:30 am – 2:30 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
2:30 pm – 3:30 pm	LUNCH BREAK
3:30 pm – 7:30 pm	Small Group Supervised Practice

PART 2: Day 3

10:30 am – 12:00 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
12:00 pm – 12:30 pm	LUNCH BREAK
12:30 pm – 3:10 pm	Small Group Supervised Practice
3:10 pm – 5:00 pm	Large Group Lecture, Video Illustration and Q & A

Part 3: Day 1

10:30 am – 2:30 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
2:30 pm – 3:30 pm	LUNCH BREAK
3:30 pm – 7:30 pm	Small Group Supervised Practice

Part 3: Day 2

10:30 am – 12:00 pm	Large Group Lecture, Discussion, Video Illustration and Q & A
12:00 pm – 12:30 pm	LUNCH BREAK
12:30 pm – 3:40 pm	Small Group Supervised Practice
3:40 pm – 4:00 pm	Large Group Wrap-up

Case Consultation

Wednesdays; Three sessions over three months; Two hours each

Specific dates will be posted on your online learning platform after you register for the course.

Wednesday, one-month post-training.

Wednesday, two-months post-training.

Wednesday, three-months post-training.