Relational EMDR Therapy℠: Examining the Self of the Therapist

December 2024 Schedule
*All times listed in Eastern Time (ET)

DAY 1

DECEMBER 6th — FRIDAY

10:00 am — 11:45 am	Course Lecture
11:45 am — 12:00 pm	BREAK (15 minutes)
12:00 pm — 1:45 pm	Course Lecture
1:45 pm — 2:30 pm	LUNCH BREAK (45 minutes)
2:30 pm — 3:15 pm	Breakout Discussion with Facilitator – Group of 9
3:15 pm — 3:25 pm	Break (10 minutes)
3:25 pm — 4:15 pm	Round #1 Practice in Triads – (50 minutes)
4:15 pm — 4:25 pm	Break (10 minutes)
4:25 pm — 5:15 pm	Round #2 Practice in Triads – (50 minutes)
5:15 pm — 5:25 pm	Break (10 minutes)
5:25 pm — 6:15 pm	Round #3 Practice in Triads – (50 minutes)
6:15 pm — 6:30 pm	Debrief with Facilitator – Group of 9

DAY 2

DECEMBER 7th — SATURDAY

10:00 am — 11:30 am	Debrief, Course Lecture
11:30 am — 11:45 am	BREAK (15 minutes)
11:45 am – 12:45 pm	Course Lecture
12:45 pm — 1:30 pm	LUNCH BREAK (45 minutes)

1:30 pm — 2:00 pm	Breakout Discussion with Facilitator – Group of 9
2:00 pm — 2:50 pm	Round #1 Practice in Triads – (50 minutes)
2:50 pm — 3:00 pm	Break (10 minutes)
3:00 pm — 3:50 pm	Round #2 Practice in Triads – (50 minutes)
3:50 pm — 4:00 pm	Break (10 minutes)
4:00 pm – 4:50 pm	Round #3 Practice in Triads – (50 minutes)
4:50 pm — 5:00 pm	Break (10 minutes)
5:00 pm – 5:30 pm	Debrief with Facilitator – Group of 9

DAY 3

DECEMBER 8th — SUNDAY

10:00 am — 11:30 am	Debrief, Course Lecture
11:30 pm — 12:00 pm	Breakout Discussion with Facilitator – Group of 9
12:00 pm – 12:30 pm	LUNCH BREAK (30 minutes)
12:30 pm — 1:20 pm	Round #1 Final Practice in Triads (50 minutes)
1:20 pm – 1:30 pm	Break (10 minutes)
1:30 pm — 2:20 pm	Round #2 Final Practice in Triads (50 minutes)
2:20 pm — 2:30 pm	Break (10 minutes)
2:30 pm — 3:20 pm	Round #3 Final Practice in Triads (50 minutes)
3:20 pm – 3:30 pm	Break (10 minutes)
3:30 pm – 3:45 pm	Debrief with Facilitator – Group of 9
3:45 pm — 4:00 pm	Return to Large group with Deany

BONUS Q & A SESSION

JANUARY 10th – FRIDAY

| 12:00 pm — 1:30 pm | Case Consultation with Deany |

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