



The Center for Excellence in EMDR Therapy

Relational EMDR TherapySM: Examining the Self of the Therapist

December 2024 Schedule

*All times listed in Eastern Time (ET)

DAY 1

DECEMBER 6 — FRIDAY

| | |
|---------------------|---|
| 10:00 am — 11:45 am | Course Lecture |
| 11:45 am — 12:00 pm | BREAK (15 minutes) |
| 12:00 pm — 1:45 pm | Course Lecture |
| 1:45 pm — 2:30 pm | LUNCH BREAK (45minutes) |
| 2:30 pm — 3:15 pm | Breakout Discussion with Facilitator — Group of 9 |
| 3:15 pm — 3:25 pm | BREAK (10 minutes) |
| 3:25 pm — 4:15 pm | Round #1 Practice in Triads (50 minutes) |
| 4:15 pm — 4:25 pm | BREAK (10 minutes) |
| 4:25 pm — 5:15 pm | Round #2 Practice in Triads (50 minutes) |
| 5:15 pm — 5:25 pm | BREAK (10 minutes) |
| 5:25 pm — 6:15 pm | Round #3 Practice in Triads (50 minutes) |
| 6:15 pm — 6:30 pm | Debrief with Facilitator — Group of 9 |

DAY 2

DECEMBER 7 — SATURDAY

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|---------------------|--------------------------|
| 10:00 am — 11:30 am | Debrief, Course Lecture |
| 11:30 am — 11:45 am | BREAK (15 minutes) |
| 11:45 am — 12:45 pm | Course Lecture |
| 12:45 pm — 1:30 pm | LUNCH BREAK (45 minutes) |

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|-------------------|---|
| 1:30 pm — 2:00 pm | Breakout Discussion with Facilitator — Group of 9 |
| 2:00 pm — 2:50 pm | Round #1 Practice in Triads (50 minutes) |
| 2:50 pm — 3:00 pm | BREAK (10 minutes) |
| 3:00 pm — 3:50 pm | Round #2 Practice in Triads (50 minutes) |
| 3:50 pm — 4:00 pm | BREAK (10 minutes) |
| 4:00 pm — 4:50 pm | Round #3 Practice in Triads (50 minutes) |
| 4:50 pm — 5:00 pm | BREAK (10 minutes) |
| 5:00 pm — 5:30 pm | Debrief with Facilitator — Group of 9 |

DAY 3

DECEMBER 8 — SUNDAY

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|---------------------|---|
| 10:00 am — 11:30 am | Debrief, Course Lecture |
| 11:30 am — 12:00 pm | Breakout Discussion with Facilitator — Group of 9 |
| 12:00 pm — 12:30 pm | LUNCH BREAK (30 minutes) |
| 12:30 pm — 1:20 pm | Round #1 Final Practice in Triads (50 minutes) |
| 1:20 pm — 1:30 pm | Break (10 minutes) |
| 1:30 pm — 2:20 pm | Round #2 Final Practice in Triads (50 minutes) |
| 2:20 pm — 2:30 pm | Break (10 minutes) |
| 2:30 pm — 3:20 pm | Round #3 Final Practice in Triads (50 minutes) |
| 3:20 pm — 3:30 pm | Break (10 minutes) |
| 3:30 pm — 3:45 pm | Debrief with Facilitator — Group of 9 |
| 3:45 pm — 4:00 pm | Return to Large group with Deany |

BONUS Q & A SESSION

January 10 — FRIDAY
12:00 pm — 1:30 pm