



# The Center for Excellence in EMDR Therapy

## Relational EMDR Therapy: Taking the Journey to the Next Level

**Deany Laliotis, LICSW**

### **Friday**

**6.75 hours**

9:00 am – 10:45 am	Class
10:45 am – 11:00 am	Break
11:00 am – 12:45 pm	Class
12:45 pm – 2:00 pm	Lunch
2:00 pm – 3:15 pm	Class
3:00 pm – 3:30 pm	Break with snack
3:30 pm – 3:40 pm	Orient to Practice Sessions
3:40 pm – 5:45 pm	Practice in Dyads – two rotations, 60-min. each (w/15 min. break)

### **Saturday**

**6.25 hours**

9:00 am – 10:30 am	Class
10:30 am – 10:45 am	Break
10:45 am – 12:15 pm	Class
12:15 pm – 1:30 pm	Lunch
1:30 pm – 2:15 pm	Class
2:15 pm – 4:30 pm	Practice in Dyads – two rotations, 60-min. each (w/15 min. break)

**Sunday**

**5.25 hours**

9:00 am – 10:30 am

Class

10:30 am – 10:45 am

Break

10:45 am – 12:30 pm

Practice in Dyads – two rotations, ~50-min. each

12:30 pm – 1:30 pm

Lunch

1:30 pm – 2:00 pm

Debrief Final Practice Session

2:00 pm – 3:30 pm

Class