



## The Center for Excellence in EMDR Therapy

### EMDR Reset: Developing Your Practice on Purpose

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#### November 14 – 16, 2025 Schedule

— All times listed in Eastern Time (ET) —

Please note: All times that are **bolded** indicate small group practice sessions with your Facilitator using a separate Zoom link that will be provided the week of the training.

#### NOVEMBER 14th — FRIDAY

10:00 am — 11:45 am Course Lecture  
11:45 am — 12:00 pm Break (15 minutes)  
12:00 pm — 1:45 pm Course Lecture  
1:45 pm — 2:30 pm Lunch (45 minutes)  
**2:30 pm — 3:15 pm Small Group of 9 with Facilitator**  
**3:15 pm — 3:25 pm Break (10 minutes)**  
**3:25 pm — 4:15 pm Practice #1 in Triads**  
**4:15 pm — 4:25 pm Break (10 minutes)**  
**4:25 pm — 5:15 pm Practice #2 in Triads**  
**5:15 pm — 5:25 pm Break (10 minutes)**  
**5:25 pm — 6:15 pm Practice #3 in Triads**  
**6:15 pm — 6:30 pm Debrief with Facilitator**

#### NOVEMBER 15th — SATURDAY

10:00 am — 11:30 am Course Lecture  
11:30 am — 11:45 am Break (15 minutes)  
11:45 am — 12:45 pm Course Lecture  
12:45 pm — 1:30 pm Lunch (45 minutes)  
**1:30 pm — 2:00 pm Small Group of 9 with Facilitator**  
**2:00 pm — 2:50 pm Practice #1 in Triads**  
**2:50 pm — 3:00 pm Break (10 minutes)**  
**3:00 pm — 3:50 pm Practice #2 in Triads**  
**3:50 pm — 4:00 pm Break (10 minutes)**  
**4:00 pm — 4:50 pm Practice #3 in Triads**  
**4:50 pm — 5:00 pm Break (10 minutes)**  
**5:00 pm — 5:30 pm Small Group of 9 Debrief with Facilitator**

NOVEMBER 16th — SUNDAY

10:00 am — 11:30 am Course Lecture

**11:30 am — 12:00 pm Small Groups of 9 with Facilitator**

12:00 pm — 12:30 pm Lunch (30 minutes)

**12:30 pm — 1:20 pm Practice #1 in Triads**

**1:20 pm — 1:30 pm Break (10 minutes)**

**1:30 pm — 2:20 pm Practice #2 in Triads**

**2:20 pm — 2:30 pm Break (10 minutes)**

**2:30 pm — 3:20 pm Practice #3 in Triads**

**3:20 pm — 3:30 pm Break (10 minutes)**

**3:30 pm — 3:45 pm Small Group of 9 Debrief with Facilitator**

3:45 pm — 4:00 pm Return to Large Group with Deany

**BONUS Q & A with Deany**

JANUARY 23 — FRIDAY

4:00 pm — 5:30 pm