



The Center for Excellence in EMDR Therapy

**Back to the Future:
An Upscaled Refresher Course in EMDR Therapy**

Spring 2026

— All times listed in Eastern Time (ET) —

TRAINING SCHEDULE

FEBRUARY 20 — FRIDAY

10:00 am — 11:45 am Training

11:45 am — 12:00 pm Break

12:00 pm — 1:30 pm Training

1:30 pm — 2:00 pm Lunch Break

2:00 pm — 3:45 pm Training

3:45 pm — 4:00 pm Break

4:00 pm — 5:00 pm Training